



Promoting excellence  
in health education

# Cardiology Study Morning

## Saturday 2nd December 2017

The H Suite Edgbaston  
100 Icknield Port Road, Edgbaston, Birmingham B16 0AA

### At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiology
- Receive a Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR  
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## Meet the Speakers ...

**Dr Yassir Javaid** BA (Hons), MA (Cantab), MB BChir, MRCP, DipCard

**Cardiovascular lead Nene CCG  
Primary Care Cardiovascular lead,  
East Midlands Strategic Clinical Network**

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



# Programme and Learning Agenda ...

**9.00-09.30am Registration and Coffee**

**9.30-10.30am Diagnosing and managing Heart Failure in Primary Care**  
**Dr Yassir Javaid**

- ▶ Accurate diagnosis of Heart Failure including use of Natriuretic peptides
- ▶ Practical aspects of Heart Failure management including newer agent sacubitril/valsartan
- ▶ How to manage adverse events from medications
- ▶ Device therapies in Heart Failure simplified

**10.30-11.00am Screening, diagnosis and management of Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Why prioritise AF in primary care?
- ▶ Who to refer?
- ▶ Rate vs rhythm control
- ▶ Communicating risk and benefit of stroke prevention

**11.00-11.30am Coffee and Break**

**11.30-12.00pm Stroke Prevention in Atrial Fibrillation**  
**Dr Yassir Javaid**

- ▶ Making the case for oral anticoagulants and not aspirin in AF stroke prevention
- ▶ Using DOACs and warfarin safely
- ▶ Monitoring and audit of OAC use in AF
- ▶ How to manage DOAC use if bleeding, surgical procedures, interruption of therapy

**12.00-13.00pm Community aspects of Valve disease**  
**Dr Yassir Javaid**

- ▶ Demystifying heart sounds and murmurs
- ▶ Detecting valve disease and surveillance
- ▶ Suspecting infecting endocarditis and management
- ▶ Timely referral for valve intervention
- ▶ Physiological vs pathological findings on echo

**13.00pm Close**

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Name

Surgery Address

LIMITED PLACES AVAILABLE  
EARLY BOOKING ADVISED  
HIGH DEMAND EXPECTED

Tel No.

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ESSENTIAL FOR CONFIRMATION

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GP Reg

Nurse

ANP

NP

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