



Promoting excellence
in health education

Cardiology Study Morning

Saturday 16th September 2017

Exeter Racecourse
Kennford, Exeter, Devon EX6 7XS

At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Cardiology
- Receive a Certificate for your Appraisal Portfolio

MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
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Meet the Speakers ...

Professor Ahmet Fuat PhD FRCGP FRCP (London)

Professor Ahmet Fuat has been in general practice in Darlington since 1986. As well as being a GP appraiser and CCG cardiology lead, he also works as a GP specialist in cardiology and for 14 years has run an integrated heart failure service across primary and secondary care. Holding a PhD from Durham University, he is an active researcher in cardiology and recently he was awarded an honorary chair in Primary Care Cardiology from Durham University School of Health, Medicine and Pharmacy.



Professor Fuat sits on the editorial boards of both the BJC and PCCJ, and is an active member of the BCS. He is a tutor on the Bradford postgraduate diploma in cardiology course and chairs and lectures in cardiology nationally. He has served on the NICE and ESC guideline development groups on Heart Failure and Myocardial Infarction respectively. He has published widely on Heart Failure, Atrial Fibrillation and Ischaemic Heart Disease.

Professor Fuat has been instrumental in setting up the CVGP (Society for health professionals with an interest in cardiovascular medicine in general practice). He is currently President of the CVGP CIC.

Dr Matthew Lovell BSc MBBS PhD MRCP

Dr Lovell qualified from Guys and St Thomas's Medical School in 1998. He undertook a research degree in stem cell biology and was awarded a PhD in 2010. He trained in Cardiology at the London Chest Hospital and St Bartholomew's Hospital, specialising in heart rhythm disorders.

He was appointed as a Consultant Cardiologist to the Royal Devon and Exeter Hospital in 2013. He is also an Honorary Consultant in Cardiology at St Bartholomew's Hospital, London.



His practice includes the investigation and treatment of all heart rhythm problems, catheter ablation using 3-D mapping systems and all aspects of device therapy inclusive of pacemakers, defibrillators and cardiac resynchronisation therapy for heart failure. He has a particular interest in the catheter ablation of atrial fibrillation.

Programme and Learning Agenda ...

9.00-09.30am **Registration and Coffee**

9.30-10.30am **Diagnosing and managing Heart Failure in Primary Care**
Professor Ahmet Fuat

- ▶ Accurate diagnosis of Heart Failure including use of Natriuretic peptides
- ▶ Practical aspects of Heart Failure management including newer agent sacubitril/valsartan
- ▶ How to manage adverse events from medications
- ▶ Device therapies in Heart Failure simplified

10.30-11.00am **Screening, diagnosis and management of Atrial Fibrillation**
Dr Matthew Lovell

- ▶ Why prioritise AF in primary care?
- ▶ Who to refer?
- ▶ Rate vs rhythm control
- ▶ Communicating risk and benefit of stroke prevention

11.00-11.30am **Coffee and Break**

11.30-12.00pm **Stroke Prevention in Atrial Fibrillation**
Dr Matthew Lovell

- ▶ Making the case for oral anticoagulants and not aspirin in AF stroke prevention
- ▶ Using DOACs and warfarin safely
- ▶ Monitoring and audit of OAC use in AF
- ▶ How to manage DOAC use if bleeding, surgical procedures, interruption of therapy

12.00-13.00pm **Hypertension diagnosis and Refractory Hypertension management**
Professor Ahmet Fuat

- ▶ Overview of NICE Hypertension guidelines
- ▶ How to use and interpret ambulatory and home BP monitoring
- ▶ Management of Refractory Hypertension

13.00pm **Close**

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- Book online at www.medicconf.co.uk

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Name

Surgery Address

LIMITED PLACES AVAILABLE
EARLY BOOKING ADVISED
HIGH DEMAND EXPECTED

Tel No.

Email

ESSENTIAL FOR CONFIRMATION

GP

GP Reg

Nurse

ANP

NP

Sister

(Please tick the appropriate boxes)

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