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# Women's Health Update

**Saturday 7th October 2017**

University of the West of England  
Exhibition and Conference Centre

Coldharbour Lane, Frenchay, Bristol BS34 8QZ

Introducing your speaker

**Diana Mansour**, MBBCH, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care  
Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals  
NHS Foundation Trust  
Associate Clinical Lecturer, Newcastle University

**All delegates will receive**

- A set of lecture notes available for download for delegates' personal use
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**Course Accredited for 3 hours CPD**

## Meet the Speaker ...

### Diana Mansour

MBBCH, FRCOG, FFSRH, DIPM

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Health Care and Head of Clinical Services for sexual health in Newcastle upon Tyne. She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Vice President, Clinical Quality and an Officer for the Faculty of Sexual and Reproductive Healthcare. She chairs the FSRH Clinical Effectiveness Committee that develops and updates all FSRH clinical guidelines. Diana is the Lead Officer for FSRH Clinical Standards Committee, the FSRH Priority Setting Partnership and FSRH Journal.

Dr Mansour was the first accredited subspecialty trainee in Community Gynaecology and Reproductive Health Care of the Royal College of Obstetricians and Gynaecologists. Dr Mansour is first author to over 80 peer-reviewed publications and has most recently published in Contraception and the Journal of Family Planning and Reproductive Health Care. In September 2015 she co-wrote with Laura Percy a textbook for primary care - 'Contraception Made Easy'.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, changes in health service provision, medical management of heavy menstrual bleeding, menopause and hormone replacement therapy.



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## Programme and Learning Agenda ...

Time	Agenda
09:00-09:30	<b>Registration, Coffee and Exhibition</b>
09:30-11:00	<b>90 mins Contraception Made Easy</b> <ul style="list-style-type: none"><li>▶ What are the important points to cover in a Sexual Health Consultation?</li><li>▶ New and updated guidelines from the Faculty of Sexual and Reproductive Healthcare and how it relates to my practice?</li><li>▶ Common contraceptive issues and problems - with solutions</li><li>▶ Why are we still talking about LARCs?</li></ul>
11:00-11:30	<b>Exhibition and Coffee</b>
11:30-13:00	<b>90 mins Women's Health – their life in your hands</b> <ul style="list-style-type: none"><li>▶ Managing sexual health problems in primary care – discussion of cases and problem solving</li><li>▶ Managing polycystic ovary syndrome in primary care</li><li>▶ Heavy menstrual bleeding, when to investigate, treat and refer</li></ul>
1:00pm	<b>Close of Event</b>

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