All GPs and Practice Nurses Welcome... All GPs and Practice Nurses Welcome... All GPs and Practice Nurses V



FREE Study Morning for GPs & Practice Nurses Programme Developed & Sponsored by





Type 2 Diabetes The Heart & The Kidney

Saturday 14th October 2017 The Studio

The Hive, 51 Lever Street, Manchester M1 1BB

At this event

The guest speakers for the meeting will be **Dr Naveed Younis, Dr Smeeta Sinha & Dr Somnath Kumar**

The chairperson for the meeting will be **Dr Mudassar Habib**

• A Certificate of Attendance for use as part of your personal development plan will be provided after the meeting.

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Meet the Speakers ...

Dr Mudassar Habib

Dr Mudassar Habib is a General Practitioner for Intra-Health based at the Lower Ince health centre in Wigan.

Mudassar is Area Medical Director for Intra-Health, where he is responsible for providing the clinical leadership, guidance and support and high quality contracted NHS primary care clinical services in the Northwest region. He is also involved in leadership in strategic planning and transformation of services with integration and implementation of new models of care for Intra-Health at a national level. Some of his other roles include working as a GP trainer and a Clinical GP assessor.

He qualified in 1998 from the Nishtar Medical College, Pakistan. He has particular interests in diabetes where he has provided strategic and clinical leadership in setting up diabetic clinics in primary care.

Mudassar is also a keen tennis player, big formula 1 fan and enjoys cricket. He is also devoted husband and father.

Dr Naveed Younis BSc, MD, FRCP

Dr Naveed Younis qualified from Manchester University in 1993 and trained in the North West. He was a Clinical Research Ophthalmology Fellow in Liverpool studying aspects of retinopathy screening and has published widely in this field. Dr Younis has been a Consultant Physician at University Hospital South Manchester since 2004 and is currently the clinical lead. He leads on diabetic foot and renal diabetes in South Manchester. He is an accredited educator for DAFNE and delivers on the Warwick programme locally. He is a member of the Greater Manchester Medicines Management Group (GMMMG) and involved in development of Primary care diabetes guidelines in the region.

He is the current training programme director in endocrinology, has developed national postgraduate educational courses in diabetes and is an online tutor for the Cardiff Postgraduate diabetes diploma and MSc course. He is editorial lead for diabetic medicine journal and an avid Manchester City supporter.

Dr Smeeta Sinha

Dr Smeeta Sinha was appointed as a Consultant Nephrologist in May 2010 and Clinical Director in May 2014. She was awarded her PhD Medicine from the University of Manchester in December 2010 and holds an honorary senior lecturer post at the University of Manchester. Dr Sinha's research interests include chronic kidney disease-mineral bone disorder, in particular vascular calcification; she is the principle investigator for the UK Calciphylaxis Study. Her clinical interests are in CKD, metabolic stone disease and complex glomerulonephritis.

Dr Somnath Kumar

Dr Somnath Kumar is a Consultant Cardiologist at Lancashire Teaching Hospitals. His other roles include; Service Development Lead at Lancashire Teaching Hospitals, Visiting Interventional Cardiologist at Lancashire Cardiac Centre and Senior Lecturer (Honorary) at UCLAN. His areas of interest include; chest pain/coronary artery disease, coronary angioplasty/stent (PCI), palpitations/arrhythmia, pacemaker insertion, breathlessness/heart failure, hypertension, faint/blackouts/syncope, cardiomyopathy, valvular heart disease, pericardial disease and hyperlipidaemia

Programme and Learning Agenda ...



Type 2 Diabetes, The Heart & The Kidney

Key topics covered in the meeting will include:

- Attendees will gain an insight into how to stratify their patients and ensure optimal prescribing for them.
- Attendees will gain a better understanding of when, and in which patient types, to prescribe different classes of drugs for type-2 diabetes.
- Attendees will explore the key decision milestones which impact future burden of the type-2 diabetes patient on the NHS and how to balance the immediate and future needs of patients in making appropriate treatment decisions.

Programme

| 09:00 – 09:30am | Registration & coffee |
|-----------------|---|
| 09:30 – 10:15am | Dr Naveed Younis Type 2 Diabetes |
| 10:15 – 11:00am | Dr Smeeta Sinha Type 2 Diabetes & The Kidney |
| 11:00 – 11:30am | Coffee break |
| 11:30 – 12:15pm | Dr Somnath Kumar Type 2 Diabetes & The Heart |
| 12:15 – 1:00pm | Who's Patient is at Anyway - The Specialists' Opinions |
| 1:00pm | Conference close |
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