



Promoting excellence  
in health education

# Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care

An interactive case-based workshop

## Saturday 6th May 2017

9.00am - 1.00pm

**Newcastle Marriott Hotel Gosforth Park**  
**High Gosforth Park, Newcastle upon Tyne NE3 5HN**

### At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Atrial Fibrillation Related Stroke
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speakers ...

### Professor Ahmet Fuat

Professor Ahmet Fuat has been in general practice in Darlington since 1986. As well as being a GP appraiser and CCG cardiology lead, he also works as a GP specialist in cardiology and for 14 years has run an integrated heart failure service across primary and secondary care. Holding a PhD from Durham University, he is an active researcher in cardiology and recently he was awarded an honorary chair in Primary Care Cardiology from Durham University School of Health, Medicine and Pharmacy.



Professor Fuat sits on the editorial boards of both the BJC and PCCJ, and is an active member of the BCS. He is a tutor on the Bradford postgraduate diploma in cardiology course and chairs and lectures in cardiology nationally. He has served on the NICE and ESC guideline development groups on Heart Failure and Myocardial Infarction respectively. He has published widely on Heart Failure, Atrial Fibrillation and Ischaemic Heart Disease.

Professor Fuat has been instrumental in setting up the CVGP (Society for health professionals with an interest in cardiovascular medicine in general practice). He is currently President of the CVGP CIC.

### Professor Michael Norton

Professor Norton is a Community Cardiologist based in Sunderland and a Visiting Professor at the University of Sunderland. He is also Head of Department at the Falls & Syncope Service in Newcastle's Royal Victoria Infirmary.

On completing his hospital training, Michael then trained in general practice on the Northumbria Vocational Training Scheme.

He served as an elected council member of the Primary Care Cardiovascular Society from 2010-2012 and has previously held a seat on the UK Stroke Forum Steering Committee. Michael is a founding member and director of the CVGP (The Society for Healthcare Professionals with a Cardiovascular Interest in General Practice).

His clinical interests include atrial fibrillation, heart failure, erectile dysfunction, cardiovascular disease prevention, out of hospital cardiac arrest and neurocardiovascular syncope.



# Programme and Learning Agenda ...



Bayer

Science For A Better Life

## Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care An interactive case-based workshop

NHS figures suggest AF affects in excess of one million people across the UK, although this is considered to be an under estimation due to delayed detection and diagnosis.<sup>1</sup> Not only does AF have a significant impact on quality of life, it often impacts significantly on morbidity and mortality due to its predisposition to stroke.

The past few years have seen significant advances in AF management and makes it all the more important that every healthcare professional remains fully conversant with these advances, and is able to offer appropriate treatment options to individual patients.

Primary Care plays a critical role in the management of AF and this workshop will focus on supporting you with the practical management of the patient and different types of cases you may see in primary care on a daily basis.

**This programme will be led by Professor Michael Norton and Professor Ahmet Fuat**

### Your Learning Agenda...

#### Part 1: Preventing an avoidable AF-related stroke

- ▶ Why is an AF-related stroke so devastating?
- ▶ How many patients in your practice have AF?
- ▶ What is the current guidance?
- ▶ Which patients are most at risk?

#### Part 2: Patients with AF: Who is in your waiting room and how to manage them?

- ▶ New patient presentation
- ▶ AF diagnosis
- ▶ Counselling your patient
- ▶ Documenting your consultation
- ▶ Risk stratification
- ▶ Treatment initiation and ongoing patient care
- ▶ Patients who are poorly anticoagulated
- ▶ Patients who have been exception reported
- ▶ Rapid fire round on practical issues

### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: Preventing avoidable AF strokes
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Patients with AF
1:00pm	Conference close

1. NHS Choices. Atrial Fibrillation. Available at: <http://www.nhs.uk/conditions/atrial-fibrillation/Pages/Introduction.aspx>.

There is 1 method of booking:

- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

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EARLY BOOKING ADVISED  
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