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Menopause Study Morning

Saturday 30th September 2017

**Beechlawn House Hotel
4 Dunmurry Lane, Dunmurry, Belfast BT17 9RR**

Introducing your speaker

Kathy Abernethy
Senior Nurse Specialist
Menopause Clinical and Research Unit
Northwick Park Hospital
Harrow

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for 3 hours CPD

Meet the Speaker ...

Kathy Abernethy

Kathy has worked in the field of menopause for over 25 years and has published widely on the topic in the medical, nursing and lay press. Her first book 'Menopause and HRT' was published in 1997, when HRT prescribing was at its peak. She works in a busy NHS Service, as part of an award winning menopause team with a multi disciplinary approach to menopausal care. With a Masters in Community Gynaecology and Reproductive Women's Health and as a prescriber, her consultations are independent and holistic and she aims to inform women about menopause and enable women to make a confident therapy choices.

Kathy is an enthusiast for menopause education and regularly teaches health professionals of all disciplines on menopause and its management. Director of "the Menopause Course" an educational initiative specifically for nurses, Kathy is also Chair Elect to British Menopause Society.



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Your Learning Agendas ...

- ▶ Menopause Assessment - what is normal?
- ▶ Impact of menopause on health
- ▶ HRT Update on benefits and risks
- ▶ Alternative therapy choices - what is the evidence?
- ▶ Practical Prescribing - which HRT for which women?
- ▶ Review of NICE Guidelines
- ▶ Discussion and questions

Programme ...

9.00-9.30am	Registration, Coffee & Exhibition
9.30-11.00am	Session 1 Assessment, diagnosis, impact on women
11.00-11.30am	Coffee, Biscuits & Exhibition
11.30-1.00pm	Session 2 Treatment choices - HRT and non HRT, practical prescribing issues
1.00pm	Conference closes

There are 2 methods of booking:

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