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# Women's Health Update

# Saturday 9th September 2017 Conference Centre John Innes Centre, Norwich Research Park, Norwich NR4 7UH

#### Introducing your speaker

### Diana Mansour, MBBCH, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals NHS Foundation Trust Associate Clinical Lecturer, Newcastle University

#### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD** 

### Diana Mansour MBBCH, FRCOG, FFSRH, DIPM

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Health Care and Head of Clinical Services for sexual health in Newcastle

upon Tyne. She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Vice President, Clinical Quality and an Officer for the Faculty of Sexual and Reproductive Healthcare. She chairs the FSRH Clinical Effectiveness Committee that develops and updates all FSRH clinical guidelines. Diana is the Lead Officer for FSRH Clinical Standards Committee, the FSRH Priority Setting Partnership and FSRH Journal.

Dr Mansour was the first accredited subspecialty trainee in Community Gynaecology and Reproductive Health Care of the Royal College of Obstetricians and Gynaecologists. Dr Mansour is first author to over 80 peer-reviewed publications and has most recently published in Contraception and the Journal of Family Planning and Reproductive Health Care. In September 2015 she co-wrote with Laura Percy a textbook for primary care - 'Contraception Made Easy'.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, changes in health service provision, medical management of heavy menstrual bleeding, menopause and hormone replacement therapy.

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## Programme and Learning Agenda ...

Time	Agenda
09:00-09:30	Registration, Coffee and Exhibition
09:30-11:00	90 mins Contraception Made Easy
	What are the important points to cover in a Sexual Health Consultation?
	New and updated guidelines from the Faculty of Sexual and Reproductive Healthcare and how it relates to my practice?
	<ul> <li>Common contraceptive issues and problems - with solutions</li> </ul>
	Why are we still talking about LARCs?
11:00-11:30	Exhibition and Coffee
11:30-13:00	90 mins Women's Health– their life in your hands
	<ul> <li>Managing sexual health problems in primary care – discussion of cases and problem solving</li> </ul>
	<ul> <li>Managing polycystic ovary syndrome in primary care</li> </ul>
	<ul> <li>Heavy menstrual bleeding, when to investigate, treat and refer</li> </ul>
1:00pm	Close of Event





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