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## Injectable Therapies in Diabetes demystified

a common sense, practical session full of tips and take-away nuggets

**Saturday 20th May 2017**

**Future Inn Plymouth  
Plymouth International Business Park  
1 William Prance Road, Plymouth PL6 5DA**

Introducing your speaker

### **Mr Paul Dromgoole**

RGN, RNMH, MSc Diabetes, PGCE

**Clinical Lecturer – Diabetes / Diabetes Specialist Nurse**

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

### **All delegates will receive**

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD**

## Meet the Speaker ...

**Mr Paul Dromgoole** RGN, RNMH, MSc Diabetes, PG Cert Ed

Paul has over 18 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York teaching on diabetes programmes from Pre-Registration up to Masters Level and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist – Diabetes, with freelance Lecturing work with a variety of organisations including GP Training companies.

His interests with diabetes are particularly around managing clinical risk, patient empowerment and guiding effective health behaviour change



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## Your Learning Agendas ...

### Aims:

- To provide practical insights into injectable therapy use in Type 2 Diabetes. This will include an overview of therapy indications and contraindications, advantages and disadvantages, positioning and initiation.
- The above will be achieved through interactive discussion and case study consideration.

### Learning Outcomes:

- **Following this session, delegates will be able to:**
- Provide patients with Type 2 Diabetes, greater insight into the place of injectable therapy in their treatment plans.
- Help overcome issues around barriers to injectable therapy including injection fears and perceptions.
- Describe the practical steps in initiation of GLP1 therapy – gaining local support subsequently if required.
- Better support patients already on insulin therapy in their practice, interpreting blood glucose profiles and advising on insulin adjustment.
- Coach patient self-management of their condition and treatment.

### Clinical Outcomes:

- **It is anticipated that gaining greater practical insight into injectable therapies will drive:**
- Greater health professional understanding and confidence with injectable therapy use.
- Earlier injectable therapy initiation.
- Greater achievement of QOF outcomes for HbA1c control for injectable treated patients.
- Potential reduction of hypoglycaemia episodes by pre-emptive action.
- Greater patient empowerment and control over their condition.

**Note:** This session will provide guidance on management of the person already on insulin therapy but it is not intended as an Insulin Initiation Course. For that you will need to seek local support. However this event will provide significant insight into management of the insulin treated patient and insulin adjustment.

## Programme ...

9.00-9.30am	Registration, Coffee & Exhibition
9.30-11.00am	Injectable Therapies - Part 1
11.00-11.30am	Coffee, Biscuits & Exhibition
11.30-1.00pm	Injectable Therapies - Part 2
1.00pm	Conference closes

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