



Promoting excellence  
in health education

# Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care

An interactive case-based workshop

**Saturday 1st July 2017**

9.00am - 1.00pm

**John Innes Conference Centre,  
Norwich Research Park, Norwich NR4 7UH**

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Atrial Fibrillation Related Stroke
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speakers ...

### Professor Richard Hobbs



As well as being Professor and Head of the Nuffield Department of Primary Care Health Sciences at the University of Oxford, he is also the National Director of the NIHR School for Primary Care Research (2009-) and Director, NIHR Collaboration for Leadership in Applied Health Research and Care (NIHR CLAHRC) Oxford. He was Co-Director of the Quality and Outcomes (QOF) Review Panel from 2005-09. He sits on many national and international scientific and research funding boards, including the Council of the British Heart Foundation (until 2012), and is President of the European Primary Care Cardiovascular Society (EPCCS).

His research interests focus on cardiovascular epidemiology and clinical trials, especially relating to vascular and stroke risk, and Heart Failure. Overall his publications include 28 book chapters, 13 edited books and over 350 original papers in peer reviewed journals such as the Lancet, Annals of Internal Medicine, BMJ, Atherosclerosis, EHJ and Stroke. His research has impacted on international health policies and clinical guidelines. Within the NHS, he has consulted on National Service Frameworks for CHD, Atrial Fibrillation, and Heart Failure and several National Institute of Clinical Excellence (NICE) reviews. Professor Hobbs has also provided clinical care in inner-city general practice for over 35 years.

### Dr Yassir Javaid



Cardiovascular lead Nene CCG

Primary Care Cardiovascular lead, East Midlands Strategic Clinical Network

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.

# Programme and Learning Agenda ...



## Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care An interactive case-based workshop

NHS figures suggest AF affects in excess of one million people across the UK, although this is considered to be an under estimation due to delayed detection and diagnosis.<sup>1</sup> Not only does AF have a significant impact on quality of life, it often impacts significantly on morbidity and mortality due to its predisposition to stroke.

The past few years have seen significant advances in AF management and makes it all the more important that every healthcare professional remains fully conversant with these advances, and is able to offer appropriate treatment options to individual patients.

Primary Care plays a critical role in the management of AF and this workshop will focus on supporting you with the practical management of the patient and different types of cases you may see in primary care on a daily basis.

**This programme will be led by Professor Richard Hobbs and Dr Yassir Javaid**

### Your Learning Agenda...

#### Part 1: Preventing an avoidable AF-related stroke

- ▶ Why is an AF-related stroke so devastating?
- ▶ How many patients in your practice have AF?
- ▶ What is the current guidance?
- ▶ Which patients are most at risk?

#### Part 2: Patients with AF: Who is in your waiting room and how to manage them?

- ▶ New patient presentation
- ▶ AF diagnosis
- ▶ Counselling your patient
- ▶ Documenting your consultation
- ▶ Risk stratification
- ▶ Treatment initiation and ongoing patient care
- ▶ Patients who are poorly anticoagulated
- ▶ Patients who have been exception reported
- ▶ Rapid fire round on practical issues

### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: Preventing avoidable AF strokes
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Patients with AF
1:00pm	Conference close

1. NHS Choices. Atrial Fibrillation. Available at: <http://www.nhs.uk/conditions/atrial-fibrillation/Pages/Introduction.aspx>.

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- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

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Name

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EARLY BOOKING ADVISED  
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