



Promoting excellence  
in health education

# Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care

An interactive case-based workshop

**Saturday 13th May 2017**

9.00am - 1.00pm

**Royal Society of Medicine**  
**1 Wimpole Street, London W1G 0AE**

## At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Atrial Fibrillation Related Stroke
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speakers ...

### Dr Sarah Jarvis

Dr Jarvis is a General Practitioner , GP trainer and Fellow of the Royal College of General Practitioners, as well as an active medical writer and broadcaster, clinical director to the patient health education website Patient.info.

She is the BBC Radio 2 doctor, doctor to the One Show on BBC1 and appears regularly on UK TV and radio programmes including ITN Lunchtime News, Good Morning Britain, Sky News and Radio 5 live. In addition, she is the resident doctor to Good Housekeeping, and other UK consumer magazines. Besides these, she has been a regular contributor to a variety of medical journals including Update, Doctor, Practice Nurse and the British Journal of Cardiology and newspapers such as The Sunday Telegraph and The Guardian.

Dr Jarvis is a member of the Medical Advisory Panel to Drinkaware. She has been chair of the Health Care Committee of the cholesterol charity HEART UK, Women's Health spokesperson for the RCGP and a member of the advisory board for the British Journal of Cardiology.

Dr Jarvis has a particular interest in cardiovascular disease and diabetes and women's health. She has also authored Diabetes for Dummies (now in its third edition), Pregnancy for Dummies, Children's Health for Dummies, Women's Health for Life and The Welcome Visitor, a book on the ethics of dying co-authored with the broadcaster John Humphrys.



### Dr Yassir Javaid

Cardiovascular lead Nene CCG

Primary Care Cardiovascular lead, East Midlands Strategic Clinical Network

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse "GP of the Year" for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



# Programme and Learning Agenda ...



Bayer

Science For A Better Life

## Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care An interactive case-based workshop

NHS figures suggest AF affects in excess of one million people across the UK, although this is considered to be an under estimation due to delayed detection and diagnosis.<sup>1</sup> Not only does AF have a significant impact on quality of life, it often impacts significantly on morbidity and mortality due to its predisposition to stroke.

The past few years have seen significant advances in AF management and makes it all the more important that every healthcare professional remains fully conversant with these advances, and is able to offer appropriate treatment options to individual patients.

Primary Care plays a critical role in the management of AF and this workshop will focus on supporting you with the practical management of the patient and different types of cases you may see in primary care on a daily basis.

**This programme will be led by Dr Sarah Jarvis and Dr Yassir Javaid**

### Your Learning Agenda...

#### Part 1: Preventing an avoidable AF-related stroke

- ▶ Why is an AF-related stroke so devastating?
- ▶ How many patients in your practice have AF?
- ▶ What is the current guidance?
- ▶ Which patients are most at risk?

#### Part 2: Patients with AF: Who is in your waiting room and how to manage them?

- ▶ New patient presentation
- ▶ AF diagnosis
- ▶ Counselling your patient
- ▶ Documenting your consultation
- ▶ Risk stratification
- ▶ Treatment initiation and ongoing patient care
- ▶ Patients who are poorly anticoagulated
- ▶ Patients who have been exception reported
- ▶ Rapid fire round on practical issues

### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: Preventing avoidable AF strokes
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Patients with AF
1:00pm	Conference close

1. NHS Choices. Atrial Fibrillation. Available at: <http://www.nhs.uk/conditions/atrial-fibrillation/Pages/Introduction.aspx>.

There is 1 method of booking:

- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

**We do not take bookings over the phone**

Please note that all confirmations will be sent to you via email **ONLY** acknowledging your place, candidate registration number and other essential information. It is therefore crucial that you print legibly and clearly your email address on the booking form.

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

For a full list of our booking terms and conditions please click on our website

**IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office**

Name

Surgery Address

LIMITED PLACES AVAILABLE  
EARLY BOOKING ADVISED  
HIGH DEMAND EXPECTED

Tel No.

Email

ESSENTIAL FOR CONFIRMATION

GP

GP Reg

Nurse

ANP

NP

Sister

(Please tick the appropriate boxes)

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR

T. 01253 712894 | W. [www.medicconf.co.uk](http://www.medicconf.co.uk) | E. [janet@medicconf.co.uk](mailto:janet@medicconf.co.uk)