



Promoting excellence  
in health education

# Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care

An interactive case-based workshop

## Saturday 4th March 2017

9.00am – 1.00pm

**Best Western Premier, Yew Lodge Hotel**  
**33 Packington Hill, Kegworth, Derby DE74 2DF**

### At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Atrial Fibrillation Related Stroke
- Receive a Certificate for your Appraisal Portfolio

## Meet the Speakers ...

### Dr Yassir Javaid

Cardiovascular lead Nene CCG

Primary Care Cardiovascular lead, East Midlands Strategic Clinical Network

Dr Javaid qualified from Cambridge University and completed his GP VTS training in Northampton.

He has an interest in cardiology and echocardiography and was a clinical lead in the Northamptonshire Community Cardiology service, which had a focus on patients with heart failure and valve disease.

He was recently named Pulse “GP of the Year” for his work in reducing stroke emergency admissions in the East Midlands.

He is also a council member of the British Heart Valve Society and on the editorial board for the British Journal of Cardiology.



### Professor Michael Norton

Professor Norton is a Community Cardiologist based in Sunderland and a Visiting Professor at the University of Sunderland. He is also Head of Department at the Falls & Syncope Service in Newcastle’s Royal Victoria Infirmary.

On completing his hospital training, Michael then trained in general practice on the Northumbria Vocational Training Scheme.

He served as an elected council member of the Primary Care Cardiovascular Society from 2010-2012 and has previously held a seat on the UK Stroke Forum Steering Committee. Michael is a founding member and director of the CVGP (The Society for Healthcare Professionals with a Cardiovascular Interest in General Practice).

His clinical interests include atrial fibrillation, heart failure, erectile dysfunction, cardiovascular disease prevention, out of hospital cardiac arrest and neurocardiovascular syncope.



# Programme and Learning Agenda ...



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Science For A Better Life

## Preventing avoidable Atrial Fibrillation (AF) related strokes in Primary Care An interactive case-based workshop

NHS figures suggest AF affects in excess of one million people across the UK, although this is considered to be an under estimation due to delayed detection and diagnosis.<sup>1</sup> Not only does AF have a significant impact on quality of life, it often impacts significantly on morbidity and mortality due to its predisposition to stroke.

The past few years have seen significant advances in AF management and makes it all the more important that every healthcare professional remains fully conversant with these advances, and is able to offer appropriate treatment options to individual patients.

Primary Care plays a critical role in the management of AF and this workshop will focus on supporting you with the practical management of the patient and different types of cases you may see in primary care on a daily basis.

**This programme will be led by Professor Michael Norton and Dr Yassir Javaid**

### Your Learning Agenda...

#### Part 1: Preventing an avoidable AF-related stroke

- ▶ Why is an AF-related stroke so devastating?
- ▶ How many patients in your practice have AF?
- ▶ What is the current guidance?
- ▶ Which patients are most at risk?

#### Part 2: Patients with AF: Who is in your waiting room and how to manage them?

- ▶ New patient presentation
- ▶ AF diagnosis
- ▶ Counselling your patient
- ▶ Documenting your consultation
- ▶ Risk stratification
- ▶ Treatment initiation and ongoing patient care
- ▶ Patients who are poorly anticoagulated
- ▶ Patients who have been exception reported
- ▶ Rapid fire round on practical issues

### Programme

09:00 – 09:30am	Registration and refreshments
09:30 – 11:00am	Part 1: Preventing avoidable AF strokes
11:00 – 11:30am	Coffee break
11:30 – 1:00pm	Part 2: Patients with AF
1:00pm	Conference close

1. NHS Choices. Atrial Fibrillation. Available at: <http://www.nhs.uk/conditions/atrial-fibrillation/Pages/Introduction.aspx>.

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- Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

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EARLY BOOKING ADVISED  
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ANP

NP

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