



Promoting excellence
in health education

Dyslipidaemia and Cardiovascular Risk – Identification and Management for Primary Care Physicians

Saturday 4th February 2017

Royal Society of Medicine
1 Wimpole Street, London W1G 0AE

At this event

- Listen to Key Local and National Speakers
- Update your knowledge on management of Dyslipidaemia and Cardiovascular Risk
- Receive a Certificate for your Appraisal Portfolio

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR
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Meet the Speakers ...

Dr Riyaz S. Patel BSc (Hons), MBBs, MD (Res), MRCP, FESC

Dr Riyaz Patel is a Consultant Cardiologist at The Bart's Heart Centre and at University College London Hospital. He is also a Senior Lecturer at UCL, currently funded by the British Heart Foundation with previous fellowships from the American Heart Association and National Institute of Health Research. He graduated from King's College London in 2001 and has trained in centres across London and in the USA before qualifying as a consultant in 2013.

He specialises in the prevention and management of coronary artery disease with a focus on lipidology and is also an accredited expert in advanced cardiac imaging including echocardiography & cardiac CT. He founded the CVD prevention program at the Bart's Heart Centre in 2015 and is the clinical lead for the CVD high risk clinic. Dr Patel currently splits his time working at Bart's Health and UCLH NHS Trusts as well as at the National Centre for Cardiovascular Prevention and Outcomes, NICOR and The Farr Institute of Health Informatics in London.



Dr Ruth Ayling BSc, MBBS, MSc, PhD, FRCPath, FRCP

Dr Ruth Ayling is a Consultant Chemical Pathologist at Barts Health NHS Trust. She qualified in Medicine from Guy's, intercalating in biochemistry and trained in Chemical Pathology at King's College Hospital. Her clinical expertise is in nutrition and lipidology and she has a particular interest in Familial Hypercholesterolaemia.

Ruth is also interested in education and training. She was previously Head of the Peninsular Deanery School of Pathology and currently chairs the RCPATH panel of examiners for Clinical Biochemistry.



Dr Julian Emmanuel BSc (Hons), MB.ChB, PhD, FRCP

Dr Julian Emmanuel is a Consultant Physician and Endocrinologist with a specialist interest in obesity, lipidology and acute medicine.

He was elected as Fellow of the Royal College of Physicians of London in 2016. He has a PhD in obesity from UCL. He has five year's experience as a Consultant Physician in acute and metabolic medicine at Barts Health.

He has a research interest in obesity, early warning scores and track and trigger mechanisms in the acutely unwell patients. He provides a tertiary centre obesity and metabolic lipid clinic service at Barts Hospital. He is the Core Medical Training programme Director for The Royal London and Mile End Hospitals, and the Faculty Development Lead for Barts Health NHS Trust. He is also the Acting Medical Director of ORLA Healthcare, a virtual ward delivering acute care in the community.



Date of preparation: January 2017

In conjunction with MediConf, this meeting has been organised and funded by AMGEN

Programme and Learning Agenda ...



An Amgen Funded Educational Meeting Series

Dyslipidaemia and Cardiovascular Risk

– Identification and Management for Primary Care Physicians

Time	Title	Speaker
09.00-09.30	Coffee and registration	
09.30-09.45	Welcome & introduction	Dr Riyaz Patel Consultant Cardiologist & Senior Lecturer
09.45-10.00	Lipids: The essentials	Dr Ruth Ayling Consultant Chemical Pathologist
10.00-10.40	Lipids and Cardiovascular Risk	Dr Riyaz Patel
10.40-11.00	Familial Hypercholesterolemia an unrecognised disease	Dr Ruth Ayling
11.00-11.30	Coffee	
11.30-12.00	Statin intolerance, what to do?	Dr Ruth Ayling
12.00-12.40	Mixed Dyslipidaemia and triglycerides	Dr Julian Emmanuel Consultant Physician & Endocrinologist
12.40-13.00	Panel Discussion	Dr Julian Emmanuel

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