



Promoting excellence
in health education

Oral Contraceptives & Headache Management, Vitamin D Update

Saturday 12th November 2016

Beechlawn House Hotel

4 Dunmurry Lane, Dunmurry, Belfast BT17 9RR

At this event

- Interact with Key Local and National Speakers
- Update your knowledge on Oral Contraception and Vitamin D3 including current guidelines and best practice
- Receive a CPD Certificate for your Appraisal Portfolio

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR

T. 01253 712894 | W. www.mediconf.co.uk | E. janet@mediconf.co.uk

Meet the Speakers ...

Diana Mansour MBBCH, FRCOG, FFSRH, DIPM

- Consultant in Community Gynaecology and Reproductive Health Care,
- Head of Sexual Health Services, Newcastle Hospitals Community Health,
- FSRH Honorary Treasurer and Officer,
- New Croft Centre, Newcastle upon Tyne, United Kingdom.

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Health Care and Head of Sexual Health Services in Newcastle. She has been an Honorary Lecturer at the University of Newcastle since 1997. In addition Dr Mansour is the Honorary Treasurer and an Officer for the Faculty of Sexual and Reproductive Healthcare.

Dr Mansour was the first accredited sub-specialty trainee in Community Gynaecology and Reproductive Health Care of the Royal College of Obstetricians and Gynaecologists. Dr Mansour is first author to over 80 peer-reviewed publications and has most recently published in the European Journal Contraception Reproductive Health Care, Contraception and the Journal of Family Planning and Reproductive Health Care. She has recently published a new book Contraception Made Easy with her colleague Laura Percy.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, changes in health service provision, medical management of heavy menstrual bleeding, menopause and hormone replacement therapy.

Professor Opinder Sahota FRCP, DM, FHEA

Professor in Orthogeriatric Medicine & Consultant Physician
QMC, Nottingham University Hospitals NHS Trust
Qualified 1992, appointed Consultant Physician QMC 2001.

Regional/National Appointments:

- Lead Clinician Orthogeriatrics NUH
- NIHR HS&DR Researcher led committee member
- NICE working groups (CG 124-2011, QS 16-2012 and CMG 46-2012)
- NICE Falls QS (2014-15)
- NICE Acute Medicine Clinical Guideline committee 2015-2017

Research interest:

Vitamin D, muscle function and fractures

National Awards / Recognition:

- Young Investigators Award, National Osteoporosis Society (3 consecutive years)
- Technological Innovations Award 'Midlands and East of England', Department of Health-Health & Social Care Awards, 2005
- National Winner 'Hospital Doctor of the Year', Department of Health-Health & Social Care Award, 2005
- Inspirational and Leadership Award, NHS Institute of Innovation and Improvement, 2006
- National BUPA 'Care Award', in recognition for Excellence in the Development of Care for Older People, 2006
- Short-listed finalist HSJ Awards-Implementing NICE guidance, 2007
- Picker Institute Award-Improving patient care, 2010
- Short-listed finalist HSJ Awards -Clinical Leader of the Year, 2012
- National Winner-NHS Leadership Recognition Awards-NHS Leader of the Year, 2012

Programme and Learning Agenda ...



Oral Contraceptives & Headache Management Vitamin D Update

| Time | Title |
|---------------|--|
| 09:00 – 09:30 | Registration and Coffee |
| 09:30 – 11:00 | Diana Mansour Oral Contraceptives & Headache Management |
| 11:00-11:30 | Coffee break and exhibition |
| 11:30 – 13:00 | Opinda Sahota Vitamin D Update |
| 13:00 | Course Closes |

There are 2 methods of booking:

- Book online at www.medicconf.co.uk
- Post the completed booking form to the address below

We do not take bookings over the phone

Please note that all confirmations will be sent to you via email **ONLY** acknowledging your place, candidate registration number and other essential information. It is therefore crucial that you print legibly and clearly your email address on the booking form.

MediConf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

For a full list of our booking terms and conditions please click on our website

IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office

Name

Surgery Address

LIMITED PLACES AVAILABLE
EARLY BOOKING ADVISED
HIGH DEMAND EXPECTED

Tel No.

Email

ESSENTIAL FOR CONFIRMATION

GP

GP Reg

Nurse

Pharmacist

(Please tick the appropriate boxes)

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR

T. 01253 712894 | W. www.medicconf.co.uk | E. janet@medicconf.co.uk