



Promoting excellence
in health education

Oral Contraceptives & Headache Management, Vitamin D Update

Saturday 22nd October 2016

The School of Management
Cardiff Metropolitan University, Llandaff Campus,
Western Avenue, Cardiff CF5 2YB

At this event

- Interact with Key Local and National Speakers
- Update your knowledge on Oral Contraception and Vitamin D3 including current guidelines and best practice
- Receive a CPD Certificate for your Appraisal Portfolio

Meet the Speakers ...

Stephen Searle

Stephen was a GP Principle in Sussex for six years in the '70s & '80s.

He trained in Sexual & Reproductive Health & has worked in specialist contraception clinics for 36 years, becoming a Faculty Registered Trainer in contraception, ultrasound, vasectomy & abortion care.

Having also trained in Public Health in Sussex & at Guy's Hospital, he worked in Africa before becoming a Consultant, and then as Clinical Director in Contraception & Sexual Health in Derbyshire for 24 years.

Recently, working towards retirement, he has moved to take up a post as Clinical Fellow in the Sexual Health Services with University Hospitals Bristol NHS FT.

Stephen considers these to be the best jobs in the NHS, probably in the world, thanks to the Teams.

Dr Michael Stone BA, MBBS, DM, FRCP

Dr Michael Stone qualified from Oxford University in 1981 before completing his clinical training in London. He trained in Metabolic Bone Disease under the auspices of Professor David Hosking in Nottingham culminating in the award of his DM thesis in the Treatment of Paget's Disease of Bone.

Since his move to Cardiff he has developed one of the busiest Metabolic Bone Disease Units in the UK. There are 4 bone clinics each week, open access bone densitometry serviced by two DXA scanners and a Fracture Liaison Service.

He is also Director of the Bone Research Unit in the Geriatric Medicine Department of Cardiff University with research interests that include: novel methods of bone strength assessment, the bisphosphonate acute phase response, bone loss in patients with cystic fibrosis or COPD, the use of high dose vitamin D in the frail elderly and treatment induced bone loss in prostate cancer.

He is a clinical expert/referee for the National Institute for Health Research, Chairman of the Wales Osteoporosis Advisory Group, member of the secondary care forum of the UK National Osteoporosis Society, scientific adviser to the Dorset Osteoporosis Society, a trustee of the Paget's Association and a participant in the Rare Bone Diseases network of bone clinics.

He is a member of the faculty and organising committee for the Bone Research Society Training Course on osteoporosis and metabolic bone disease and teaches on bone disease for the Cardiff MSc in geriatrics course.

Programme and Learning Agenda ...



Oral Contraceptives & Headache Management Vitamin D Update

Time	Title
09:00 – 09:30	Registration and Coffee
09:30 – 11:00	Stephen Searle Oral Contraceptives & Headache Management
11:00-11:30	Coffee break and exhibition
11:30 – 13:00	Dr Michael Stone Vitamin D Update
13:00	Course Closes

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Nurse

Pharmacist

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