



Promoting excellence
in health education

Oral Contraceptives & Headache Management, Vitamin D Update

Saturday 10th September 2016
Yew Lodge Hotel & Conference Centre
Packington Hill, Kegworth, Derby DE74 2DF

At this event

- Interact with Key Local and National Speakers
- Update your knowledge on Oral Contraception and Vitamin D3 including current guidelines and best practice
- Receive a CPD Certificate for your Appraisal Portfolio

Meet the Speakers ...

Dr Kulsum Jaffer

Consultant in Sexual and Reproductive Health in Birmingham – the Lead Consultant for the contraceptive services in Umbrella, a provider of free and confidential sexual health services in Birmingham and Solihull, including all types of contraception and STI testing and treatment.

Honorary Senior Lecturer in Obstetrics and Gynaecology for Birmingham University

Professor Opinder Sahota FRCP, DM, FHEA

Professor in Orthogeriatric Medicine & Consultant Physician QMC, Nottingham University Hospitals NHS Trust
Qualified 1992, appointed Consultant Physician QMC 2001.

Regional/National Appointments:

- Lead Clinician Orthogeriatrics NUH
- NIHR HS&DR Researcher led committee member
- NICE working groups (CG 124-2011, QS 16-2012 and CMG 46-2012)
- NICE Falls QS (2014-15)
- NICE Acute Medicine Clinical Guideline committee 2015-2017

Research interest:

Vitamin D, muscle function and fractures

National Awards / Recognition:

- Young Investigators Award, National Osteoporosis Society (3 consecutive years)
- Technological Innovations Award 'Midlands and East of England', Department of Health-Health & Social Care Awards, 2005
- National Winner 'Hospital Doctor of the Year', Department of Health-Health & Social Care Award, 2005
- Inspirational and Leadership Award, NHS Institute of Innovation and Improvement, 2006
- National BUPA 'Care Award', in recognition for Excellence in the Development of Care for Older People, 2006
- Short-listed finalist HSI Awards-Implementing NICE guidance, 2007
- Picker Institute Award-Improving patient care, 2010
- Short-listed finalist HSI Awards -Clinical Leader of the Year, 2012
- National Winner-NHS Leadership Recognition Awards-NHS Leader of the Year, 2012

Programme and Learning Agenda ...



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Time	Title
09:00 – 09:30	Registration and Coffee
09:30 – 11:00	Kulsum Jaffer Oral Contraceptives & Headache Management
11:00-11:30	Coffee break and exhibition
11:30 – 13:00	Opinda Sahota Vitamin D Update
13:00	Course Closes

There are 2 methods of booking:

- Book online at www.medicconf.co.uk
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GP Reg

Nurse

Pharmacist

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42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR

T. 01253 712894 | W. www.medicconf.co.uk | E. janet@medicconf.co.uk