

All GPs and Practice Nurses Welcome... All GPs and Practice Nurses Welcome... All GPs and Practice Nurses Welcome...



FREE Study Morning for GPs & Practice Nurses  
Programme Developed & Sponsored by



## MediConf 2016: Modern Management of Atrial Fibrillation (AF) in Primary Care

**Saturday 14th May 2016**  
Royal Society of Medicine  
1 Wimpole Street, London, W1G 0AE

### At this event

- Listen to Key Local and National Speakers
- Update your knowledge on Atrial Fibrillation
- Receive a Certificate for your Appraisal Portfolio

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR  
T. 01253 712894 | W. [www.mediconf.co.uk](http://www.mediconf.co.uk) | E. [janet@mediconf.co.uk](mailto:janet@mediconf.co.uk)

## Meet the Speakers ...

### Dr Sarah Jarvis

Dr Jarvis is a General Practitioner, GP trainer and Fellow of the Royal College of General Practitioners, as well as an active medical writer and broadcaster, clinical consultant to the patient health education website Patient.info.



She is the BBC Radio 2 doctor, doctor to the One Show on BBC1 and appears regularly on UK TV and radio programmes including ITN Lunchtime News, Good Morning Britain, Sky News and Radio 5 live. In addition, she is the resident doctor to Good Housekeeping, and other UK consumer magazines. Besides these, she has been a regular contributor to a variety of medical journals including Update, Doctor, Practice Nurse and the British Journal of Cardiology and newspapers such as The Sunday Telegraph and The Guardian.

Dr Jarvis is a member of the Medical Advisory Panel to Drinkaware. She has been chair of the Health Care Committee of the cholesterol charity HEART UK, Women's Health spokesperson for the RCGP and a member of the advisory board for the British Journal of Cardiology.

Dr Jarvis has a particular interest in cardiovascular disease and diabetes and women's health. She has also authored Diabetes for Dummies (now in its third edition), Pregnancy for Dummies, Children's Health for Dummies, Women's Health for Life and The Welcome Visitor, a book on the ethics of dying co-authored with the broadcaster John Humphrys.

### Dr Yassir Javaid

Yassir underwent his medical school training in Cambridge, before embarking on GP training in Northampton, where he has been based ever since. He developed an interest in Cardiology and Echocardiography and was one of the clinical leads for the South Northants Community Cardiology Service, which had a focus on patients with Heart Failure.



More recently, he has become involved in a number of Cardiology up-skilling projects within Primary Care in the East Midlands, with the aim to improve the optimisation of patients. He has been the clinical lead for the CVD prevention project at the East Midlands Strategic Clinical Network since August 2013.

## Programme and Learning Agenda ...



A Bayer HealthCare Funded Educational Meeting Series

### MediConf 2016: Modern Management of Atrial Fibrillation (AF) in Primary Care

Time	Title	Speaker
09.00-09.30	<b>Registration and Refreshments</b>	
09.30-09.40	<b>Maintaining momentum in AF</b> <ul style="list-style-type: none"> <li>▶ Why prioritise AF?</li> <li>▶ What does your local area data tell us?</li> </ul>	Dr Sarah Jarvis General Practitioner, GP Trainer, Fellow of the Royal College of General Practitioners (RCGP)
09.40-10.20	<b>Management of AF in Primary Care</b> <ul style="list-style-type: none"> <li>▶ Screening and establishing an AF diagnosis</li> <li>▶ Rate or rhythm control</li> <li>▶ When and who to refer?</li> </ul>	Dr Yassir Javaid Clinical lead for CVD prevention East Midlands Strategic Clinical Network
10.20-11.00	<b>Stroke Prevention</b> <ul style="list-style-type: none"> <li>▶ Choosing the right option for your patient</li> <li>▶ Practical Management of Novel Oral Anticoagulants (NOACs) and are they all the same?</li> <li>▶ The value of Real World Evidence</li> <li>▶ Ongoing surveillance of your patient</li> </ul>	Dr Sarah Jarvis
11.00-11.30	<b>Refreshments</b>	
11.30-12.15	<b>Interpreting the ECG</b> <ul style="list-style-type: none"> <li>▶ Basic electrophysiology</li> <li>▶ Common case scenarios</li> </ul>	Dr Yassir Javaid
12.15-13.00	<b>AF Case Studies</b> <ul style="list-style-type: none"> <li>▶ Common scenarios faced in primary care and how to manage them</li> </ul>	Dr Sarah Jarvis Dr Yassir Javaid
13:00	<b>Meeting Close</b>	

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