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Promoting excellence in health education

Challenging Mental Health Problems- for the Primary Care Clinician

Saturday 12th November 2016

The Studio
51 Lever Street, Manchester M1 1FN

Introducing your speaker

Dr Laura Pogue
MBChB DCH DFFP MRCGP
GP Principal St Helens
GPSI Mental Health Bridgewater Community Healthcare Trust

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
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Course Accredited for 3 hours CPD

Meet the Speaker ...

Dr Laura Pogue MBChB DCH DFFP MRCGP

I have a portfolio career working as a GP Partner since April 2015 and for Bridgewater Community Health Care Trust as a GP with Special Interest in mental health. Numerous mental health roles in the past including leading a Cognitive Function clinic, developing and redesigning Primary Care services.

I now work within a primary care community mental health team delivering specialist assessments, liaison work and a supervisory function.

I have had acclaim for my work including endorsements from the RCGP, WONCA, NICE. I have also worked as Director for a Social Enterprise Company, The Wellbeing Project, which won the mental health prize for Innovation in Mental Health in 2010.

In the past I set up a North West mentoring group for GPwSI and also educational meetings with PRIMHE and The Priory Hospitals.

I recently implemented The Positive Mental Training programme (mindfulness based hypnotherapy programme) across Halton and St Helens. I am currently introducing a training package for Personality disorders into primary care with the lead Clinical Psychologist.

I have been a GP trainer for 5 years and have set up a mentoring support group for current and past trainees. Mersey Deanery have recently approved an Innovative Training post in primary care community mental health.

My spare time is spent being an embarrassing mum, travelling, singing, doing endurance events and my most recent challenge is helping managing a boys football team (well....manage their parents!).

Your Learning Agenda ...

Challenging Mental Health Problems- for the Primary Care Clinician

The Syndromes

- Understanding somatic presentations

The Malingerers

- Understanding dependency in primary care
- Frequent attenders

The Abusive and The Abused

- Life events and personality development & disorders
- 'I hate you ... Don't leave me' what this means for patients

Bipolar Disorder and Borderline Personality

- How to spot the difference
- Emotional sensitivity and mood fluctuations
- How you can improve relationships with patients
- Understanding how your practice can work together with complex patients

Programme ...

9.00-9.30am	Registration and Coffee
9.30-11.00am	Challenging Mental Health Problems - Part One
11.00-11.30am	Coffee and Exhibition
11.30-1.00pm	Challenging Mental Health Problems - Part Two
1.00pm	Conference closes

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