

Managing Hypertension in 2024

WEBINAR

Saturday 27th April 2024

All Delegates will receive

- Increased knowledge in Cardiology
- A set of Course downloads
- A certificate for your appraisal portfolio

Suggested Accreditation
2 hrs CPD

Introducing your speakers

Professor Ahmet Fuat
Professor of Primary Care
Cardiology Durham University

Professor Darrel Francis
Professor of Cardiology at the National Heart and
Lung Institute, Imperial College London

Meet the Speakers ...

Professor Ahmet Fuat PhD FRCGP FRCP (London) FRCP (Edinburgh) PGDIP Cardiology

Professor Ahmet Fuat was a GP in Darlington, County Durham for 37 years, where he was CVD and Research Leads for Darlington Primary Care Network and Darlington GP Federation. He joined Oberoi Consulting as Medical Director in September 2023, and is soon to start as an Honorary Consultant Lipidologist/GPSI within the diabetes and endocrinology team at County Durham and Darlington Foundation Trust.

He has been a GPSI Cardiology for over 25 years, having undertaken a Postgraduate Diploma in Cardiology at Bradford University, graduating with distinction. He went on to be a tutor on the course for many years, teaching on HF, HVD, AF and IHD. He started the first one stop diagnostic and integrated heart failure clinic in the UK in 2002, with local colleagues.

His PhD by research, in heart failure diagnosis and management, including work on natriuretic peptides, generated several publications that have informed guidelines and led to the award of an Honorary Professorial Chair at Durham University. He has contributed to various NICE and ESC CVD and HF guidelines, and RCGP CKD/AKI toolkit.

He has held and holds various roles in CVD and research, including the immediate past President of the Primary Care Cardiovascular Society (PCCS) which he was instrumental in reforming and current education and research lead, Lipid and Heart Failure primary care lead for North East and North Cumbria Academic Health Science Network. He sits on the NHSE CVD Prevention Clinical Leadership group and NHSE expert advisory group for Heart Failure and Heart Valve disease. He was a founder member of CaReMe UK representing the PCCS.

He has a passion for medical education and remains an active lecturer, tutor and researcher. He is on the editorial boards of the British Journal of Cardiology and Primary Care Cardiovascular Journals and a peer reviewer for most high impact Cardiovascular journals and research bodies. His work in community cardiology, has been recognised with Fellowships from the RCGP, RCP London and RCP Edinburgh and the PCCS.

He has led many quality improvement initiatives over the years in HF, AF, Lipids, hypertension, diabetes and CKD. His work on HF was included in their BHF blueprint for HF. Much of this work was carried out using Oberoi digital audit platforms, as has been replicated by colleagues across the UK, benefiting patients and practices positively.

He oversees the clinical aspects of Oberoi Disease management digital platform developments in HF, AF, CKD, Diabetes and Lipids, ensuring they reflect current National/International guidelines, and enable primary care to achieve QOF, DES/IIF and CVDPrevent audit targets. He mentors and trains the team of HF specialist nurses and clinical pharmacists employed by Oberoi Consulting.



Professor Darrel Francis

Darrel Francis is a Professor of Cardiology at the National Heart and Lung Institute at Imperial College London. He specialises in prevention and treatment of atherosclerotic cardiovascular disease with medication and coronary intervention. He is also Training Programme Director of Cardiology in the North West sector of London and joint Head of Cardiovascular Division at the National Heart and Lung Institute.




Your Learning Agenda for the medicconf organised session ...

Managing Hypertension in 2024

- Establishing a diagnosis: What are the cut offs?
- Guidelines in Hypertension
- How low should we go? The SPRINT Trial
- Practical prescribing of antihypertensives: Which drugs, what doses and when to take them?
- Lifestyle interventions
- Assessing Target organ damage
- ECGs in Hypertension
- Secondary Hypertension with case studies
- QOF and CVD Prevent audit data

Programme ...

9:30 - 10:15	Session 1 - Managing Hypertension in 2024 Professor Ahmet Fuat Declaration Professor Ahmet Fuat's personal views.
10:15 - 10:45	Sponsored Symposium: A stepwise approach to lipid management – What more can we do in primary care Professor Darrel Francis Professor of Cardiology at the National Heart and Lung Institute, Imperial College London
	 This section of the agenda is a Daiichi Sankyo sponsored symposium intended for UK Healthcare Professionals. Daiichi Sankyo medicines will be discussed during this session.
10:45 - 11:30	Session 2 - Managing Hypertension in 2024 (continued) Professor Ahmet Fuat
11:30	Webinar Ends

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