



# Diagnosis & management of Diabetic Peripheral Neuropathy & Autonomic Neuropathy in Primary Care

## Wednesday 24th April 2024

### All Delegates will receive

- Increased knowledge of Diabetic Complications
- A set of Course downloads
- A certificate for your appraisal portfolio

**Suggested Accreditation**  
**2 hrs CPD**

Introducing your speakers

**Dr Kevin Fernando,**  
FRCGP FRCP Edin FAcadMed MSc Diabetes  
GP Partner North Berwick Health Centre  
Content Advisor Medscape Global & UK

Symposium Speaker:  
**Dr Diana Mansour,**  
FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Healthcare  
Newcastle upon Tyne Hospitals NHS Foundation Trust  
Associate Clinical Lecturer at Newcastle University

### Meet the Speakers ...

#### Dr Kevin Fernando FRCGP FRCP Edin. FAcadMed MSc Diabetes



GP Partner North Berwick Health Centre, GP with Specialist Interest in Diabetes/CVRM & Medical Education.

Kevin is a part-time GP Partner (4 clinical patient-facing sessions weekly) working at North Berwick Health Centre, near Edinburgh. He is also Content Advisor for WebMD Medscape Global & UK.

Kevin is a regular keynote speaker at small and large-scale education events, throughout the UK & Ireland and abroad. His main specialist topics include; all aspects of care for people living with Type 2 Diabetes & CVRM conditions and interpretation and management of commonly abnormal blood tests in primary care.

Kevin is an accomplished medical writer, and his articles distil key guidelines and consensus for primary care as well as summarise congress highlights, breaking research and its applicability to primary care. Additionally, Kevin has co-authored several articles published in peer-reviewed journals, again covering various aspects of Type 2 Diabetes & CVRM care in Primary Care.

Kevin is renowned for creating concise clinical aide memoirs (Medscape UK Primary Care Hacks <https://www.medscape.co.uk/viewarticle/type-2-diabetes-cardiovascular-renal-metabolic-review-2023a100060c>) for Primary and Secondary care, to make life easier for healthcare professionals and ultimately to improve the lives of our patients.

Kevin is very active on social media (X handle @drkevinfernando) where he posts hot topics in Type 2 Diabetes & CVRM as well as delivering "tweetorials". He recently has forayed into YouTube (@DrKevinFernando) and TikTok (@drkevinfernando) with patient-facing video content.

Kevin graduated from the University of Edinburgh in 2000, holds both MRCGP and MRCP(UK) qualifications and has completed a Master's degree in Diabetes, which he passed with distinction.

Kevin has been elected to Fellowship of the Royal College of General Practitioners, the Royal College of Physicians of Edinburgh and also the Academy of Medical Educators for his work in Diabetes and Medical Education.

"When you learn, teach, when you get, give." Maya Angelou 1928-2014

#### Dr Diana Mansour FRCOG, FFSRH, DIPM



Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare at Newcastle upon Tyne Hospitals NHS Foundation Trust in the UK.

She is an Associate Clinical Lecturer at Newcastle University and was recently the Senior Vice President at the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana currently sits on the FSRH UKMEC steering group and guideline development group. She is a British Menopause Society recognized specialist, leading recently on the development of the Menopause Guidance for the North of England.

Diana is first author to over 100 peer-reviewed publications and co-wrote 'Contraception Made Easy' with Dr Laura Percy for those working in general practice and family medicine.


Diana's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, medical management of heavy menstrual bleeding and management of the menopause.

## Your Learning Agenda ...

# Diagnosis & management of Diabetic Peripheral Neuropathy & Autonomic Neuropathy in Primary Care

- ▶ Diagnosis of Peripheral Neuropathy in Primary Care
- ▶ Practicalities & pitfalls to avoid when managing Peripheral Neuropathy in Primary Care
- ▶ Key take-home messages form the OPTION-DM trial on managing Diabetic Peripheral Neuropathic Pain
- ▶ Diagnosis of Autonomic Neuropathy in Primary Care
- ▶ Practical pearls identifying and managing Gastrointestinal Autonomic Neuropathy
- ▶ Practical pearls identifying and managing Cardiovascular Autonomic Neuropathy

## Programme ...

19:30 - 20:15	Session 1
20:15 - 20:45	<b>Sponsored Symposium:</b> <b>Supporting Women with Diabetes through the Perimenopause</b> <b>Dr Diana Mansour</b> , FRCOG, FFSRH, DIPM Consultant in Community Gynaecology and Reproductive Healthcare Newcastle upon Tyne Hospitals NHS Foundation Trust Associate Clinical Lecturer at Newcastle University
	<div><div><div>This promotional symposium is part of the Women's Health Matters Educational Programme that is organised and fully funded by Bayer.</div></div></div>
20:45 - 21:30	Session 2
21:30	Webinar Ends

Reporting adverse events and quality complaints. Adverse events should be reported.  
Reporting forms and information can be found at <https://yellowcard.mhra.gov.uk/>.  
Adverse events should also be reported to Bayer plc. If you want to report an adverse event or quality complaint, reports can be directed to: Tel: 0118 206 3500 or email: [pvuk@bayer.com](mailto:pvuk@bayer.com).  
Further information is available on the “contact” tab at [www.bayer.co.uk](http://www.bayer.co.uk)

## Book online at [www.medicconf.co.uk](http://www.medicconf.co.uk)

We do not take bookings over the phone

**Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.**

Mediconf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at [www.medicconf.co.uk](http://www.medicconf.co.uk) where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. [janet@mediconf.co.uk](mailto:janet@mediconf.co.uk)  
For a full list of our booking terms and conditions please visit our website: [www.medicconf.co.uk](http://www.medicconf.co.uk)

**IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office**

42 St Annes Road East | Lytham St Annes | Lancashire | FY8 1UR

T. 01253 712894 | W. [www.medicconf.co.uk](http://www.medicconf.co.uk) | E. [webinar@mediconf.co.uk](mailto:webinar@mediconf.co.uk)