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# Respiratory Update for 2018

**Saturday 1st December 2018**

**Cardiff School of Management  
Llandaff Campus, Cardiff Metropolitan University,  
Western Avenue, Cardiff CF5 2YB**

Introducing your speaker

**Dr Steve Holmes** MMedSci, MBChB, FRCGP

GP Shepton Mallet

GPSI Respiratory Medicine

Education Lead Primary Care Respiratory Society UK

Associate Postgraduate Dean : Health Education South West

New  
Programme  
for 2018

**All delegates will receive**

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD**

## Meet the Speaker ...

### Dr Steve Holmes MMedSci, MBChB, FRCGP



Steve has worked as a general practitioner partner since 1989. He spent 13 years in a rural practice on the Lancashire/Yorkshire border before moving to his current practice in Shepton Mallet in 2002. Steve has combined a four clinical sessions per week as a half time partner in practice whilst enjoying a portfolio career.

Steve is a previous chair of the Primary Care Respiratory Society UK, and is the current education Lead for PCRS-UK. He was part of the British Asthma Guidelines (BTS/SIGN) from 2005 to 2014 and is a member of the BTS Specialist Advisory Group for Asthma. He is the GP representative on the UK Lung Cancer Coalition and is a member of the BTS Mesothelioma Guideline Group. He has been a regional clinical respiratory lead for the South West and is currently clinical respiratory lead for Somerset CCG.

Steve became a GP trainer in 1991 - and continues in this role currently. He has been involved in postgraduate GP training including roles as GP tutor, Course Organiser and since 2008 Associate Postgraduate Dean in Health Education England (South West). He has been involved at a senior level in GP appraisal since before 2002 and though still undertaking appraisals stepped down as a Senior Appraisal Lead for NHS England in 2016. Steve is a member of his local faculty (Severn) and RCGP National Council.

He has been involved in a wide range of respiratory educational initiatives for generalists and specialists both medical and nursing and has undertaken work with more than eight universities.

He has published more than 200 peer reviewed articles, is a reviewer for more than 10 active peer reviewed journals and amongst other things has been involved in the NIHR (UK), advising the Canadian government on respiratory research funding, teaching in Bangladesh, and lecturing in many parts of Europe/USA.

Steve has had a long standing interest in communication skills in clinical care and quality improvement practice. He taught nationally on quality improvement methods for the Improvement Foundation for 6 years. He has also been involved in communication skills training for more than 20 years.

Throughout this he remains a clinician; passionate about the values of good primary care, continually developing the quality of clinical care, and providing holistic care for patients and their families from cradle to grave.

He is married with two children (flying the nest) and a springer spaniel. He manages to get time to enjoy family holidays (mainly in Italy), walking and running, watching rugby when the opportunity allows and playing the guitar or piano badly!

## Your Learning Agenda ...

This study morning is designed for generalists involved in active clinical practice. It will be an update on clinical respiratory issues - highlighting new research, guidelines and evidence and grounding this in good clinical practice with plenty of clinical tips, common pitfalls.

It is designed for both general practitioners and other clinicians who have responsibility for respiratory care in their practice or their community. It will not cover a lot of policy, national directives and strategic papers but concentrate on "clinical stuff" for clinicians.

If you have been before more than 80% will be new material / research – but the principles will often remain the same – better care for our patients as effectively as we can!

### Key Topics in 2018

#### Asthma – 2018

- ▶ New diagnosis guidelines (BTS / SIGN) and applying them
- ▶ Treatment update (maintenance and acute)
- ▶ Children and wheeze in the under 5 year group
- ▶ Exercise and asthma (athletes and normal people!)

#### COPD – 2018

- ▶ Early accurate diagnosis (microspirometry, spirometry and the clinical process)
- ▶ Treatment update (maintenance and acute)
- ▶ Applying lots of guidelines to an individual - how do other morbidities affect our medical management in COPD?

#### New Inhalers

- ▶ A run down on the latest products

#### Hot Topics 2018

This area will cover key updates on other respiratory conditions where major evidence and guidelines should influence our practice in primary care including:

- ▶ Exercise benefits and the lung
- ▶ Smoking and e-cigarette update
- ▶ Antibiotics – when to use in potential infections
- ▶ Latest tips for diagnosis and management of other respiratory diseases (cancer / ILD / bronchiectasis)

## Programme ...

9:00 – 9:30am	Registration, Coffee & Exhibition
9:30 – 11:00am	Asthma • New Inhalers • Hot Topics Part 1
11:00 – 11:30am	Coffee & Exhibition
11:30 – 1.00pm	COPD • Hot Topics Part 2
1.00pm	Conference Close

There are 2 methods of booking:

- Book and pay online at [www.medicconf.co.uk](http://www.medicconf.co.uk)
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