

Heavily Subsidised Study Morning for GPs and Practice Nurses only £30 inc VAT

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Respiratory Update for 2018

Saturday 1st December 2018

Cardiff School of Management Llandaff Campus, Cardiff Metropolitan University, Western Avenue, Cardiff CF5 2YB

Introducing your speaker

Dr Steve Holmes MMedSci, MBChB, FRCGP

New Programme for 2018

GP Shepton Mallet

GPSI Respiratory Medicine

Education Lead Primary Care Respiratory Society UK

Associate Postgraduate Dean: Health Education South West

All delegates will receive

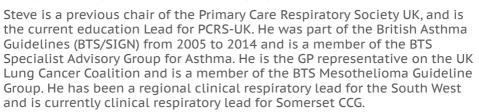
- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for 3 hours CPD

Meet the Speaker ...

Dr Steve Holmes MMedSci, MBChB, FRCGP

Steve has worked as a general practitioner partner since 1989. He spent 13 years in a rural practice on the Lancashire/Yorkshire border before moving to his current practice in Shepton Mallet in 2002. Steve has combined a four clinical sessions per week as a half time partner in practice whilst enjoying a portfolio career.



Steve became a GP trainer in 1991 - and continues in this role currently. He has been involved in postgraduate GP training including roles as GP tutor, Course Organiser and since 2008 Associate Postgraduate Dean in Health Education England (South West). He has been involved at a senior level in GP appraisal since before 2002 and though still undertaking appraisals stepped down as a Senior Appraisal Lead for NHS England in 2016. Steve is a member of his local faculty (Severn) and RCGP National Council.

He has been involved in a wide range of respiratory educational initiatives for generalists and specialists both medical and nursing and has undertaken work with more than eight universities.

He has published more than 200 peer reviewed articles, is a reviewer for more than 10 active peer reviewed journals and amongst other things has been involved in the NIHR (UK), advising the Canadian government on respiratory research funding, teaching in Bangladesh, and lecturing in many parts of Europe/USA.

Steve has had a long standing interest in communication skills in clinical care and quality improvement practice. He taught nationally on quality improvement methods for the Improvement Foundation for 6 years. He has also been involved in communication skills training for more than 20 years.

Throughout this he remains a clinician; passionate about the values of good primary care, continually developing the quality of clinical care, and providing holistic care for patients and their families from cradle to grave.

He is married with two children (flying the nest) and a springer spaniel. He manages to get time to enjoy family holidays (mainly in Italy), walking and running, watching rugby when the opportunity allows and playing the guitar or piano badly!



Your Learning Agenda ...

This study morning is designed for generalists involved in active clinical practice. It will be an update on clinical respiratory issues - highlighting new research, guidelines and evidence and grounding this in good clinical practice with plenty of clinical tips, common pitfalls.

It is designed for both general practitioners and other clinicians who have responsibility for respiratory care in their practice or their community. It will not cover a lot of policy, national directives and strategic papers but concentrate on "clinical stuff" for clinicians.

If you have been before more than 80% will be new material / research – but the principles will often remain the same – better care for our patients as effectively as we can!

Key Topics in 2018

Asthma - 2018

- ▶ New diagnosis guidelines (BTS / SIGN) and applying them
- ▶ Treatment update (maintenance and acute)
- ► Children and wheeze in the under 5 year group
- ► Exercise and asthma (athletes and normal people!)

COPD - 2018

- ► Early accurate diagnosis (microspirometry, spirometry and the clinical process)
- Treatment update (maintenance and acute)
- Applying lots of guidelines to an individual how do other morbidities affect our medical management in COPD?

New Inhalers

A run down on the latest products

Hot Topics 2018

This area will cover key updates on other respiratory conditions where major evidence and guidelines should influence our practice in primary care including:

- Exercise benefits and the lung
- Smoking and e-cigarette update
- Antibiotics when to use in potential infections
- Latest tips for diagnosis and management of other respiratory diseases (cancer / ILD / bronchiectasis)

Desistration Coffee & Exhibition

Programme ...

0.00 0.70

9:00 - 9:50am	Registration, Corree & Exhibition
9:30 – 11:00am	Asthma • New Inhalers • Hot Topics Part 1
11:00 – 11:30am	Coffee & Exhibition
11:30 – 1.00pm	COPD • Hot Topics Part 2
1.00pm	Conference Close



There are 2 methods of booking:

- Book and pay online at www.mediconf.co.uk
- Post a cheque for £30.00 (Course fee inc. VAT) payable to Mediconf UK Ltd together with your completed booking form to the address below.

We do not take bookings over the phone

Please note that all confirmations will be sent to you via email **ONLY** acknowledging your place, candidate registration number and other essential information. It is therefore crucial that you print legibly and clearly your email address on the booking form.

Payment is required in full at the time of booking, otherwise a place will not be allocated.

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