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# Women's Health Update 2018



## Saturday 24th November 2018 Golden Jubilee Conference Hotel

### Beardmore Street, Clydebank, Glasgow G81 4SA

Introducing your speaker

#### Diana Mansour, MBBCH, FRCOG, FFSRH, DIPM

Consultant in Community Gynaecology and Reproductive Health Care Head of Clinical Service, Sexual Health at Newcastle upon Tyne Hospitals NHS Foundation Trust Associate Clinical Lecturer, Newcastle University

#### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD** 

Meet the Speaker ...

#### Diana Mansour MBBCH, FRCOG, FFSRH, DIPM

Dr Diana Mansour is a Consultant in Community Gynaecology and Reproductive Healthcare and Head of Clinical Service for Sexual Health in Newcastle

upon Tyne, UK. She has been an Associate Clinical Lecturer at Newcastle University since 1997. In addition Dr Mansour is Senior Vice President and Trustee for the Faculty of Sexual and Reproductive Healthcare of the Royal College of Obstetricians and Gynaecologists. Diana is the Lead Officer for FSRH Clinical Standards Committee, Clinical Effectiveness Committee, the FSRH Clinical Studies Group and FSRH Journal. She sits on the FSRH Finance and Investments Committee and Board of Trustees.

Dr Mansour is first author to over 90 peer-reviewed publications. She has recently co-written a textbook for general practice and RCOG trainees with Dr Laura Percy and it is entitled 'Contraception Made Easy'.

Dr Mansour's areas of expertise include acceptability of contraceptive methods, non-contraceptive benefits of contraception, development of long-term methods of contraception, medical management of heavy menstrual bleeding, menopause and hormone replacement therapy.

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## Programme and Learning Agenda ...

Time	Agenda
09:00-09:30	Registration, Coffee and Exhibition
09:30-11:00	<b>Women's Health issues</b> Managing women's health problems in primary care using case-based discussions and up to date, evidence-based medicine and will include:
	<ul> <li>Sexual health issues including problematic vaginal discharge</li> </ul>
	<ul> <li>Cervical screening update - changes to the NHS screening programme</li> </ul>
	Period pains and bleeding problems
	Chronic pelvic pain - will it ever go away
	Premenstrual syndrome - fact or fiction
	► PCOS
	<ul> <li>Urinary problems</li> </ul>
	Menopause issues - options and choices
11:00-11:30	Exhibition and Coffee
11:30-13:00	Contraception Update
	What's new?
	New FSRH guidelines and changes
	<ul> <li>Managing commonly occurring problems related to contraceptive methods</li> </ul>
1:00pm	Close of Event



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