



Promoting excellence  
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# Understanding Lab Results Part 3

This is a stand-alone course and there is no need to have attended parts one and two.

**Saturday 10th November 2018**

**Renold Building, Altrincham Terrace  
The University of Manchester  
Sackville Street, Manchester M1 7JR**

Introducing your speaker

## **Dr Ahai Luvai**

FRCP Edin, FRCPath

**Consultant in Clinical Biochemistry & Metabolic Medicine**

**The Newcastle upon Tyne Hospitals NHS Foundation Trust (NuTH)**

**Freeman Hospital, Newcastle upon Tyne**

**All delegates will receive**

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for 3 hours CPD**

## Meet the Speaker ...

### Dr Ahai Luvai FRCP Edin, FRCPath



Dr Luvai is a consultant at NuTH based at the Freeman Hospital. He provides expert support for the diagnosis and management of biochemical clinical problems, advises on appropriate investigations on an individual patient basis and the repertoire provided by the Clinical Biochemistry Department.

He has clinical responsibility for specialist biochemistry analytical sections including Nutrition Support and Bone Markers. He undertakes Lipid and Metabolic Bone clinics at the Royal Victoria Infirmary. He is a member of the Lipid Specialists Advisory Group within the Northern England Strategic Clinical Networks. The group aims to promote evidence based practice in the management of lipid disorders, including FH, raise the profile of Lipid Specialist Services, inform commissioners and influence investment decisions.

He has an interest in reference intervals, performance of clinical decision limits and the impact of biological variation on disease monitoring.

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## Your Learning Agendas ...

### Endocrine diseases

- ▶ PCOS
- ▶ Amenorrhoea
- ▶ Menopause –value & relevance of tests
- ▶ Low testosterone in males
- ▶ Androgen replacement for erectile dysfunction
- ▶ Monitoring of transgender patients
- ▶ Calcium disorders
- ▶ Hypertension

### IBD

- ▶ Faecal calprotectin in diagnosis & monitoring of IBD

### Heart failure

- ▶ Role of BNP

### Haematinic deficiencies

- ▶ Vitamin B12
- ▶ Folate
- ▶ Ferritin/Transferrin/Saturation

### Cancer

- ▶ Tumour markers
- ▶ Immunoglobulins, paraproteins, serum electrophoresis
- ▶ Faecal Occult Blood/FIT
- ▶ PSA
- ▶ Urine/sputum

## Programme ...

09.00 - 09.30am	Registration, Coffee and Exhibition
09.30 - 11.00am	Understanding Lab Results Session 1
11.00 - 11.30am	Coffee and Exhibition
11.30 - 13.00pm	Understanding Lab Results Session 2
13.00pm	Conference Closes

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